

Klaudia Bunda klasa IV TAg

Mój zagraniczny staż zawodowy

Project "POWER" is decisively a big chance for youth. It's not just about "holidays" in an attractive Spanish city. As a young man I want to develop my skills and discover the world in the most interesting form, and the internship in Seville made it possible.

The main reason why I took part in this project was that I always wanted to see how foreign trade develops in other countries. I was able to experience it personally, which is the best form of learning, because I don't have to immerse in my books and imagine what the economy in Western countries looks like based just on the texts.

I am also in love with foreign languages and as we know people in Spain can't speak Polish, so I had to go beyond my comfort zone and start talking in English and Spanish. It was another reason why I really wanted to take part in this practice. As you know, learning foreign languages by talking to people from other countries is the most effective method and definitely raises my self-esteem, and additionally I fell in love with Spanish, which gave me great motivation to start learning it. I am sure it will pay off in the future.

I was very curious about the standard of living in Spain. It turned out that their lives are completely different from those in Poland. Nobody rushes to work at 5 am, people aren't sad, they do not worry if their salary is enough to survive the next month. Spanish people start their day with their favorite coffee in nearby cafés with their friends. They are very cheerful, have a rich social life, care for the comfort of employees and a good working atmosphere. Everyone smiles to each other and makes contact with each other.

I am also passionate of real estate, so an additional advantage was that I had my internship at the Spanish real estate agency "Apartamentos Cruz del Campo". I had a chance to get to know how the enterprises are working in this area, learn about the methods of settling accounts and doing business in Spain. I could also feel how different the treatment of employees in Poland and Spain are. Their personal culture and respect for the employee are at a very high level.

I had my internship in a real estate agency with my friend Oliwia. We were working from Monday to Friday from 9 am to 2 pm. During the week we got up

to work at 7.30 am and at 8.20 am we went to the bus. We knew exactly where to get on and off, because on the first day of our work, a guide was with us and showed us the way. We started our working day with a conversation with our boss about our duties for the day. We mainly dealt with archiving documents, segregating them, entering invoices from transactions into a special program and completing orders. Our boss Jose was always there to help. In case of any doubts, he was always to help us with smile. He also trusted us because we were left alone in the company more than once.

Thanks to working in a real estate agency, I learned how to use Spanish computer programs intended for accounting companies, communication in English and Spanish, work ethics abroad, ways of archiving documents in Spain and I got to know the Western real estate market. It has raised my self-esteem enormously, and now I know that I will be able to do any job anywhere in the world. I felt valuable, and I know I can achieve a lot.

The great advantage of the trip was also the fact that we had everything that we needed, and every day was perfectly organized. We had cozy rooms, a kitchen that was available to us at all times and warm meals provided. Every day after work, we went out to visit charming Seville and had Spanish lessons with Ms Paqi, who lives in Spain and taught us a lot about the language and culture of this country.

While getting to know the new city, we had the opportunity to try local cuisine, visit famous monuments, make contacts with people from all over the world, buy souvenirs for loved ones or watch a live flamenco show, which was the biggest attraction for me as a former dancer.

Two trips were organized for us over the weekend. On Saturday we went to Cadiz, where we could see, among others, Atlantic Ocean, while on Sunday we were in Córdoba and admired the picturesque flower gardens and monuments.

Spending two weeks together was the greatest inter-class integration for us. We got to know each other better and made friends for life. I think that it was an extraordinary adventure to experience this time together over 3000 kilometers from our hometown. We rested from phone calls, life in social media and the problems we deal with every day.

Everyone should experience such a trip on their own, because not every

moment can be described, and it certainly cannot be put into words how gratitude that I feel for the chance I got. I am glad that young people have a chance to develop themselves in this way, despite the fact that we do not live in the richest country. This trip has opened my eyes to many things. Now I know that I am a wise, resourceful, valuable person on the labor market, communicative, a person who is able to cross borders, develop and change a lot in this world that needs changes and new ideas of the young generation. I am a young woman who is responsible for her own life and is able to live it as best as possible.

Katarzyna Trela, class 4tag

Last year, I was able to get a job internship, which was a project at my school. I really wanted to take part in it because it was a chance to gain a lot of professional experience. I was a little stressed out because there were so many eager students and I was afraid of not getting in. Each student had to interview the teachers who organized the project. After the results were announced, it turned out that I got in. I was overjoyed because I always wanted to visit Spain. It was my little dream. I had many meetings with other students to prepare us for the trip. We perfected the English language and learned the basics of the Spanish language. We also had a meeting with a history teacher. She told us a lot of curious facts about Spain, monuments and culture of this country. Our teachers prepared us excellently for the trip.

On departure day I was excited. Some students were stressed because it was their first flight. However, despite the fears, we safely reached our destination.

My apprenticeship place was a shop with clothes and sports shoes. At work, my main task was sorting and arranging clothes, labeling articles and serving customers. I learned how to prepare documents related to the sale of articles and bank settlements. My colleagues were amiable. They always helped me and taught me new things. Thanks to them, I have gained a lot of experience in the profession, which may be useful to me in the future. The employees, despite the fact that they do not learn English, were very eager to learn the basic vocabulary from me. I made new friends at work, and I keep in touch with them until today.

After work, it was time to rest. My friends and I often went shopping in local boutiques. We also tried traditional Spanish dishes. I liked churros the most. Every day our teachers thought up new places to visit in Seville. We even saw the famous Spanish square and a flamenco show. The Spanish square is charming and made a great impression on me. In addition, we had a Spanish language course. The teacher was a great person and she taught well.

We had two trips on the weekends. The first was to Cadiz. Our coordinator Iza told us a lot about this place. She showed us the most interesting monuments and took us to the observation tower. We saw a panorama of the whole city from it. It was a brilliant sight. The second trip was to Matalascañas. We spent the whole day on the beach. I sunbathed and swam in the ocean. I tasted seafood in the restaurant. I liked them very much.

When the day came to return home I was sad, but at the same time happy that I had the opportunity to visit Spain. I saw the most beautiful places in Seville, met wonderful people and gained work experience. The trip gave me a lot of confidence in interpersonal relations and I broke my language barrier. I will definitely visit Spain again in the future. I am in love with this country.

The accommodation was in a villa located in the center, it was very nicely laid out and the food was very tasty. We also had a terrace at our disposal where we liked to spend our free time. There were bus stops nearby, guaranteeing us direct connections to the places where the internship took place.

We had a 30-minute walk to the internship site from our accommodation. The place was close to the bus stop, so we were offered access by public transport. The internship took place in a building connecting many companies, and we did our internships in one of them (euromind). We also had Spanish lessons in the same building, which he remembers very well, especially since the Spanish language has been fascinating me for a long time.

We spent the first week repairing and preparing computers for other groups (installing systems, fixing system errors, installing software for other groups under their direction). The internship went very well and in a nice atmosphere. On the first day, Samuel and we went around 7 o'clock to the internship office and got to know the area. After reaching the site, we started with taking the equipment (laptops) to repair the so-called re-installation of the system, repairing errors in the system, installing and preparing equipment for other groups. Most days in terms of work were similar but with other problems to be solved. In the middle of the first week of internship, we received tasks such as diagnostics and repair of a laptop that did not start, which turned out to be slightly flooded under our diagnosis. Our task was to dry the components and replace, among others, the thermo-conductive paste on the processor. After drying it and trying to start the laptop everything started working and we were proud of ourselves that we managed to fix it.

We spent the second week working with the ARDUINO set. On the last day of the internship, we received churros from Samuel, they were delicious, and for us it was an experience with local sweets that we will never forget.

Every day after the classes we went in a group to visit Seville and other parts of Spain. Almost all the attractions in the sightseeing enchanted me, but the most delighted me was the trip to Granada and the trip to the ocean, because I had never seen the ocean or the sea before.

In our free time, we were able to move around the city. At night, when the temperature dropped slightly, the city was just beginning to bustle with life, lamps illuminated the streets and parks, and we (a group of apprentices) took a walk through the streets of Seville.

During the internship, we learned how to diagnose and repair laptops, solve problems with the operating system on laptops and basic activities with arduino devices.

It is worth taking part in the project due to professional opportunities, improvement of your knowledge and practice, the opportunity to make new acquaintances, and sometimes even friendships. We also had the opportunity to test our language skills and learn a new language – Spanish.

Mateusz Rabski

Oliwia Kotlińska

„My foreign professional internship”

The main reason to participating in the project was the desire to gain new experience and skills, because I believe that the most important thing is to invest in yourself, and it is never too late to develop and learn. The internship took place in Seville, more precisely in the capital of Andalusia, with fiery flamenco, passionate bullfighting, interesting history and beautiful streets.

The internship lasted two weeks, during which we traveled to our workplace for practice from Monday to Friday. I did my internship at MY ENGLISH HOUSE language school, located at Juan de Zoyas 8. There are classes for children from 3 years of age, as well as for adults. Children learn through action and a system of workshops ("Cooking & Gardening", "Art & Crafts", "Writers & Readers", "Drama & Media", "Science & Robotics"). The learning is practical and fun to get children interested in the English language. My duties included collecting information about local schools in order to encourage them to cooperate with us, promoting the school, sorting and archiving letters and documents, preparing appropriate documentation, company offers, leaflets and invitations. Between the tasks, we talked with our colleagues in English about our countries, what is worth seeing and what is the culture of our country. In our free time, we visited the most beautiful monuments of Seville. We visited the Alcazar, Torre del Oro towers, Setas, Plaza de Espana or we were at a flamenco show.

Thanks to participation in the project, I gained new skills, such as: good organization of work, ability to work with a team, flexibility and adaptation to changes, or independence. I think that it was the best time spent, the trip will always remain in my memory and heart, made me fall in love with the countries of Andalusia and I will definitely come back there again. It was a great pleasure for me to communicate in English, because I like this language very much.

The internship abroad raised my communication skills, added confidence, increased my experience, I gained new acquaintances, I had the opportunity to learn about the culture and tradition of Spain, and thanks to that I overcame my fear of speaking English.

The whole trip was an amazing experience and I am glad that I took part in it. I recommend it to everyone, because it is an experience that will stay with us forever.

„Mój zagraniczny staż zawodowy”

Hi, I am Oliwia. A few months ago I managed to fulfill one of my biggest dreams and go to Spain. It happened thanks to a project organized in my school. I knew that participation in it would give me more opportunities in the future, professional and life experience, more courage to speak English, getting to know the beautiful culture of Spain and of course it will leave me with wonderful memories. I did not fully believe whether I would get to the announcement of the results, but as it turned out, my doubts were unnecessary.

I did my internships in a real estate office. I was a bit stressed on the first day, what task will be assigned to me, what will the employer be. Luckily my boss was very understanding, slow translating and very sympathetic. At the beginning I got to know the structure of the company, I sorted and classified documents. Later I was working on a computer and in the Spanish program in which I entered invoices, I learned a few basic phrases that may be useful in the future. During the internship, I also used the English language, thanks a which I broke the barrier of talking in a foreign language and became more self-confident.

Thanks to the internship, I not only gained experience in the industry, but also visited the delightful cities of Spain: Seville, Cadiz and Cordoba. In Seville, I was most enchanted by small streets with their own atmosphere, Maria Luisa Park and the Alcazar Royal Palace. Although we were only in Cadiz and Cordoba for one day, the views were impressive. In Cadiz we could admire the beautiful Atlantic Ocean and in Cordoba the charming flowers that decorate the entire city. I am also glad that I was able to see palm trees and orange trees live.

I would also like to tell you about people who were open, positive energy flowed from them, everyone was extremely nice and polite. I felt very comfortable there.

It was a very successful journey. I also met many wonderful people thanks to who we created wonderful memories that will stay with us for the rest of our lives. I can wholeheartedly recommend it to anyone!

In March this year I did an intership in Spain. I took part in them, because I wanted to test myself, my skills and gain experience. I came to a real estate office FamaServiceAdministracion de Fincas – Jose Avila. It was a small workplace with a lot of clients. Honestly, when I heard that, I was a bit scared for the reason that I had not dealt with this kind activity before. During the intership, it turned out that my boss is a very nice person who gave me a lot of valuable advice. My duties were to prepare reports, contracts, payrolls, personal questionnaires and work with Excel. I found out how important it is to contact the client, self-confidence during interview, and I learned accuracy, punctuality, independence as well as working under pressure.

Summing up the whole trip, Sevilla is a beautiful city for me. Not only because of the great views but also forwhy of the people. Personally, I got the impression that people looked so happy there. It was really great for me to be able to take part in these intership. Being there, I broke the language barrier because it was a wonderful learning in practice. It was the first time that I flew by plane, I got to know the cultre of Spain and the work system of this country, I also met many wonderful people whom I can always count on. I got to know myself deeper, my strengths and weaknesses that I can work on.

I am grateful that I was able to be part of this project, and if I have the opportunity to do so in the future, I will participate again. The emotions and memories of this trip will stay with me forever.

Hey my diary! Today, I wanna tell you about my two weeks absence. IMO these two weeks was brilliant. So, you know that I applied to an internship that was lead by my school. It was my dream. We both know that I'm going to apply to abroad Uni and I enjoy travelling which is the best way to connected all of this. In Saturday we arrived to the Sevilla. In Sunday we had first trip to the Ocean. We just had let yourself to rest before our first day in job. We slept in special residence for students like us from project. We had met the best mentor she was our blessing in all of way. Everyone of us had different part of job, I mean some of us was together in one place and we doing something like: prepared the documents on the laptop, prep the shop after open or worked in the warehouse. Sometimes we had to go to the other shop for package. BTW our work was so amazing. Everyone was in shops, outlets or special school. In these two weeks we had met the wonderful places, good and kindhearted people, but most important is our experience, which we have got there. We got to know all of things that we don't know here in Poland. Personally, it was the best time of my life. This two-week internship gave us more than mindset, but experience and memories. *Okay. See ya!*

Weronika Lewicka 4TaN.

Martyna Jamróz

Szkoła : Centrum Kształcenia Zawodowego i Ustawicznego nr 2 w Przemyślu.

My trip to Sevilla

I found out about the trip to Spain through the summer internship of a group that in July went to Sevilla as part of an apprenticeship that diversified their professional knowledge. I found that since there was nothing standing in my way of going I would try to qualify. It worked out. I qualified for the January group. On January 1, 2022, there was a departure at Krakow airport to Sevilla. Then it was my first airplane flight ever.

We arrived at the residence late at night, each group got their own rooms. I ended up in a room in "Paris". The next day there was a gathering at the cafeteria so that we could discuss the rules there. We went to the place where we were doing a two-week internship. We rode the bus, which was also a challenge for us, because we had to remember where to get off and go to the next bus. When we got off the bus we waited for our drivers who drove us to the internship site. Two cars came to pick us up, since there were 8 people in our group and the cars were five-seater. When we arrived at the site we were greeted by the employees and the boss who was Spanish and they didn't know Polish. We had a lot of fun trying to get along with each other. When we had toured the entire area we returned to the residence and then went with the other group our chaperones to explore the area of Sevilla. We entered a gallery near our residence, a park and went to the city center. Walking through the streets of Sevilla, we were impressed by the extremely charming trees on which oranges grew. When the weekend came we went to Cadiz and Granada. We visited a lot of places, and we also had a lot of time to ourselves which everyone used as much as they could. As we worked, we planted a lot of plants. One day the boss took us to a place where there are lost, sick or endangered bird species. Among the birds found there were owls, storks and even a chameleon. For the holidays of the three kings, we went to the city center, because every year there is a parade called, "the procession of the three kings". They threw all sorts of sweets from candy to jellybeans and toys. Everyone was catching and collecting in a pocket and even bags. When the day of departure came everyone started packing. We were terribly sad to leave this wonderful place. We will remember it for a very long time. Even tears of sadness were shed. Everyone liked this place and surely everyone will return there sooner or later because it was beautiful there. We learned a different culture, a new language, new customs and a lot of wonderful people who will stay in our hearts. We learned how to organize time, self-reliance and mutual support when someone needed it, and we also learned the basics of Spanish.

If I had to choose a place where I could live permanently it would be Spain ~ Sevilla, because it is beautiful there and it carries a lot of memories, the bad ones as well as the good ones. If the school would organize another project of this type I would not hesitate to take part in it because it is worth it. If you do not try it, you may later regret it, "Who ever does not risk it does not drink champagne". I am glad that I could take a part in the POWER program.

Martina Piestrak

My foreign professional internship

Last year, I took part in an exchange project organized by my school. Firstly, I didn't know if I wanted to take part in this project, but I thought about it and I decided that this is a chance for me to see some of the world and challenge myself there. I wanted to see if my English was good enough to get along with them and if I could handle it. I also thought that I can gain some experience there. It was my first flight and my first time aboard.

My internship took place in Spain in a clothes shop called Markaride. I was working with my new friend Weronica and with the main salesman, Luis. We work from Monday to Friday, and our job starts at 10 a.m. We were traveling to our work place by bus. Our main duty was to keep the shop clean and tidy, we also segregated the clothes, they should be well arranged and chipped. Our responsibility was also to help customers if we could. Thanks to that project, I broke my language barrier and learned that I should be open to the world because it is beautiful. I also learn how to run a shop in a small way.

I had a great time there. I learn a lot and experience a lot, and that's important. I also meet amazing people. I, my friends, and my teachers have become closer to each other. Our bond became stronger. I'm happy that I had a chance to make memories there.

Madzia Chudzio

In the school year 2021/2022, while training for the profession of a trader technician, I participated in the project ``Practice makes the champion - European internships are our chance for professional development and success". Thanks to the Erasmus + program, apprentices can gain practical work experience abroad and improve their language skills. I completed my professional internship in Spain in Seville on 05/03/2022 - 19/03/2022 under the supervision of Katarzyna Gembarzewska and Joanna Gierlach. Before departure, we participated in language classes in preparation for the trip. My internships took place in the costume shop ``La Cosa De Los Disfraces " from 10am to 2pm. My duties were checking prices, scanning, clipping, expounding product, keeping order in the store, checking the quantity of each article, and customer service. The atmosphere at work was so great. I liked it very much, I could always joke with my boss and co-workers. At work, I learned a lot of things, e.g. making orders as a store, using the scanner, and improved my language skills. At the end of my internship, I got a small gift which made me very happy. In addition to internships, we visited a lot, got to know their culture, traditions and tastes. We used our free time in a different way than usual. During the weekend we visited the beautiful cities of Cordoba and Cadiz. My participation in the internship made my CV stand out, I will be able to boast of professional and life experience. Such a trip also allows us to meet interesting people, and Each person we meet on our path teaches us something. The more people we meet, the richer we are internally. At the end of the internship, we will receive certificates and the Europass Mobility document confirming my professional and language competences. The experience I have gained is not only an important point in my CV, but above all an important point in my life. These are unforgettable memories, learning and acquaintances that no one will take from me.

Filip Kilon

Praktyka czyni mistrza - europejskie staże naszą szansą na sukces i rozwój zawodowy

Sevilla... when i Heard about intership to another country I really liked the idea to doing there work practice. I decided to enter for project, because I wanted to gain experience and abilities related with my profession, meet interesting people, see new places.

Trip to a foreign country was for me interesting experience because I met new cultures, manners, a town architecture, I visited a local museums, shops, parks, I taster new traditional dishes for Spain.

PracticeI did there unfortunately passe very quickly but interested. The intership supervisor taught us to improve our knowledge related to computers, programming, which I had not known before. The intership took place in one of EuroMind's Office located 30minutes from where we stayed. There was plenty of space in the lecture theatre to work comfortably and conveniently. Everyday at the beginning of the day Manuel (the intership supervisor) assigned specific tasks to each class member, then we got to work. If we didn't manage to complete a task we left it for the next day.

During the daily meetings, I Lenart what working in a company looks like as well as teamwork. I learned how to create Basic diagrams with the arduino kit and how to programme them, how to handle the various graphics programmes and their installations, which were not simple, I also learned how to install operating systems. I extremely liked the fact that we had to walk all the way to work on our own without supervisors during which we could explore the area around sunny Seville.

It was a good experience for me to practise my English as we had to communicate with the mentor and also with different people in the city, the Spaniards didn'ts peak English very well and at some points there were problems with communication. It was nice to meet new people because I could talk to them about different topics and keep in touch.

To go on an internship like this is an amazing experience because you can practice communicating in English, you can gain new contacts with many different people there, and you can share impressions and experiences with them, learn Spanish which can come in handy in your future career, and most importantly you can gain experience of working in a company and a team which you will definitely need in the future when you work in a large corporation or in a company like this.

Mój zagraniczny staż zawodowy

On August 2021 i flew to Spain as a part of the school project „Praktyka czyni mistrza- europejskie staże naszą szansą na rozwój i sukces zawodowy” and I can swear, it was the best adventure in my entire life and I’m gonna tell you everything about it!

When my school announced recruitment, I was so determined to participate, because I knew this was a unique opportunity. I have never been abroad although I'm very interested in the cultures of other countries. I especially liked Spain for its architecture and wildlife. It always amazes me with its exoticness and beauty. Fortunately for me, it so happened that the project took place in the center of Sevilla, in the charming country of Spain. In addition to the qualities I've mentioned, my goal was primarily to improve my professional skills and test myself in both communicating in English and refine my management capabilities.

The internship itself took place at NOAVI Centro Educativo, which is an education center for many courses on various topics. The care of our group was taken in the hands of the amazing Mrs. Fatima, who was our tutor and overall mentor during the project. She explicitly taught us how to draft documents correctly, how to deal with stress, and how to introduce our products. She also showed us how to easily impress a prospective employer.

In addition to the breathtaking care that Mrs. Fatina offered us, we got to sightsee the city of Sevilla, which turned out to be an ideal city to enjoy the beauty of its monuments and to visit important historical sites. I had the opportunity to try many amazing dishes such as paella and delicious churros, which were perfect for a lunch. Although the cuisine was different from Polish fare, I enjoyed it.

In the evenings I went out every day to walk around the old town. In the light of lanterns everything looked much nicer and warmer. I liked the fact that people, unlike the Polish community, regardless of age, went out at night to nearby bars and restaurants to spend time together and relax after a hard day. I wish people in my country had the same mentality.

My stay in seville taught me how to cooperate with people, how to be independent and how to deal with difficult situations. The project also enabled me to improve my professional skills and expanded my knowledge of economics. If there was another opportunity, I would definitely recruit again for such a project.

Katarzyna Trela, class 4tag

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When the day came to return home I was sad, but at the same time happy that I had the opportunity to visit Spain. I saw the most beautiful places in Seville, met wonderful people and gained work experience. The trip gave me a lot of confidence in interpersonal relations and I broke my language barrier. I will definitely visit Spain again in the future. I am in love with this country.